



Anointing the Sick

Blessing the sick with healing through anointing may be offered to anyone suffering from illness or affliction.

The sacrament may be administered during an appropriate spiritual gathering or in a home, hospital or other facility.

Sacramental Oil

Pure or olive oil blessed by a high holy person is used in the anointing. Only a drop of consecrated anointing oil is needed for the anointing, placed on the sick person's forehead and hands with the fingertip.

The ceremony may include these elements:

- Reading from a sacred text
- Explanation of the reading
- Prayer, supplications and meditations
- Laying on of hands on the head of the sick person
- Thanksgiving recitation over the blessed oil
- Anointing ritual

Wording for the Anointing Ritual

When anointing the forehead:

"Through this sacred anointing may the Great Spirit (*Divine Source, God*) bless you with the grace of Spirit (*the Holy Spirit*) through love and mercy. Amen (*and so it is*)."

When anointing the hands:

"May you be freed of anguish and lifted in spirit, body and soul through Divine Love and Light. Amen (*and so it is*)."