



Candle Lighting Blessing

Preparation

Prepare the candle(s), matches and fire-proof surface.

Make certain that the candles have a sturdy, accessible surface where they may remain lit.

Allow them to extinguish on their own safely. *(If candles must be extinguished before burning out by themselves, use a candle snuffer rather than blowing them out.)*

As you place the candle in its position, hold it in the warmth of your hands for a moment.

Focus your thoughts on your intent for the blessing.

You may anoint the candle by rubbing it lightly with consecrated blessing oil.

You may wish to write down the intent of the blessing or person to be blessed.

Write this on the base of the candle or on a paper placed safely beneath the candle or candle holder.

Procedure

Light the candle(s) and place the lit match(es) on a fireproof surface.

Extend your hands at a safe distance in front of the candles (avoiding getting clothing near the flame).

Draw your hands toward yourself in a semi-circular motion three times to gather in the light.

Speak the blessing.

Blessing

(Father, Grandfather, Mother, Grandmother, Great Spirit, Divine Source, Lord Jesus)

You are the light of the world.

You are the light of our souls and the light unto nations.

Light our way and guide our steps.

Bless this candle that it will remind us that you are the light in the darkness and protector in danger. You are our saving grace.

(Call forth the blessings you desire for yourself and/or others.)

(Gaze at the candles in silence and meditation until you feel impressed to close.)

May the light shine upon us and give us peace.

Amen. (And so it is.)