



Family Blessing

When this blessing is given by a family member, adjust the wording accordingly.

Prepare some wording ahead of time for the blessing to be bestowed upon each family member. Include in the wording a tribute that includes the person's name with its origin, meaning or significance, their position in the family (firstborn, father, mother, etc.), an inspired vision for their future and purpose in life, their personal attributes, gifts and talents, and anything else of significance to their life blessing.

Family members who are absent may be included with their consent, and the record of their blessing sent to them.

Cleansing

Cleanse the physical space and participants with smudging, blessing spray or energetic prayer.

Introduction

Provide a brief overview of the history and significance of blessing children and families.

Invocation

A prayer, reading or meditation for the purpose of calling forth aid, protection and inspiration is given.

Ritual

For each individual (generally in order of youngest to oldest; but the order may be set by the family), anoint and place your right hand on the top of the person's head and pronounce the full written blessing upon them. A designated leading family member may participate in the ceremony by placing their hand on the head of the person immediately after the pronouncement of the blessing and sealing the blessing with a special prayer according to the customs and beliefs of the family.

Benediction

A prayer, reading or meditation is spoken to close the ceremony.