



Holy Water Anointing and Blessing Spray

The water and essential oils are consecrated (blessed) and set apart for holy purposes before being used for anointing and blessing.

These words are spoken in the consecration:

Heavenly Father, by the authority of the Lord and Savior, Jesus Christ, I consecrate, dedicate and set apart this blend of water and these herbal essential oils for blessing, anointing and sealing holy blessings for all who will receive these blessings and for everything this holy water shall be used for in accordance with thy divine will. May holy angels bless the purpose and use of this holy water and those who receive its benefit. This I do and this I ask in the name of the Lord and Savior, Jesus Christ. Amen.

Holy Water may be any pure water. Essential oils are optional, and may contain any blend that is appropriate for its use.

Suggested Essential Oils:

Balsam - Balsam soothes and rejuvenates the body and mind, creating an uplifting sense of well-being. Balsam aids in balancing the heart chakra for a sense of compassion, love, acceptance, nurturing and fulfillment. Balsam is thought to be the "liquid gold" and the "balm of Gilead" referred to in the Bible. Balsam is mentioned 18 times in the Bible.

Eucalyptus - Eucalyptus was used by the Aborigines to cure all manner of diseases. Known as a strong healing oil, it is used in healing practices and for purification. Protective properties make it a good oil for dabbing on valuables and property. Eucalyptus aids in balancing the brow chakra for intellectual abilities, visualization, imagination and perception.

Frankincense - Egyptians used Frankincense to fumigate their homes, for ritual incense and for cosmetics. It was used as a holy anointing oil and a general cure for all diseases. It was also used to enhance meditation and elevate spiritual consciousness. Frankincense aids in balancing the root chakra to enhance feelings of safety, security and being grounded and the crown chakra for the connection to Spirit, universal energy and divine grace. Frankincense is mentioned in the Scriptures over 50 times.

Lemon - Lemon lifts the spirit and alleviates mental fatigue. It is cleansing and removes blockages. Lemon is used for purification and healing, and to remove unwanted negativity. It aids in balancing the root chakra to enhance feelings of safety, security and being grounded.

Peppermint - Ancient Egyptians used peppermint to flavor food and wine. It aids physical, psychological and spiritual well-being. Peppermint aids in balancing the solar plexus chakra to bring self-motivation, personal power and a positive self-image.