



- Life Between Lives will likely be the deepest hypnosis you will ever have.
- You will be able to speak during your session.
- Your speech may be very slow with sparse words due to the profound depth of the spiritual experience.
- You will be actively engaged on a deep spiritual soul level.
- You may be able to verbalize only a small portion of what you experience.
- You may return to the life between lives and continue your journey by:
 - Practicing relaxation techniques and being open to receive more information and enlightenment.
 - Writing about or creating artistic representations of your soul experience.
 - Meditating and contemplating your soul session and soul group(s).
 - Dreaming of your soul group and soul journey, and keeping a dream journal.
 - Listening to the recording of your session (not recommended in the first 6 weeks while you are still adjusting and processing the vast amount of information you received during your soul session).

Who We Are

The NurseHealer Soulistic Resource Network promotes higher consciousness, self-discovery, global awareness and well-being through collaboration, compassionate service, education and social networks.

Mary Catherine Miller is a Certified Master Hypnotist, Past Lives Regressionist and Life Between Lives Hypnotist. She has enjoyed membership in the American International Association (AIA), National Association of Transpersonal Hypnotherapists (NATH) and American Alliance of Hypnotists.

She has written and published articles, pamphlets and hypnosis scripts, and hypnosis and meditation CDs available through Amazon and the NurseHealer Store, including "Dreaming with Purpose", "Gift from Your Guides", "Releasing Attachments", "Intuitive Attunement Meditation" and "Test Taking with Ease".

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LIFE BETWEEN LIVES HYPNOSIS

*Why did I choose this life?
Where do I come from?
Who is my soul family?
Who am I really?
What happens after death?
Will my soul progress further?*

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